

# Nasopharyngeal (NP) specimen collection for COVID-19 testing

1

Assemble the supplies needed. For sample collection, have the swab and universal transport media, specimen label and biohazard bag available.

If the patient has a lot of mucous in the nose, this can interfere with collection. Have the patient use a tissue to gently clean the nasal passage before a swab is taken.

2



Open the swab container and remove the swab, taking care not to touch the tip to any surface or lay it down.

3

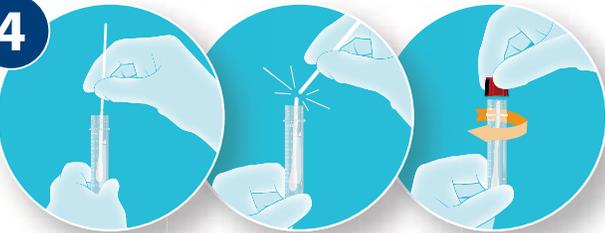


Hold the swab with fingers placed on the score line. With the patient seated, if possible, tilt their head back 70 degrees, support the back of their head with your non-dominant hand.

Gently insert Nasopharyngeal (NP) Dry Flocked Swab into the nostril along the septum floor of the nose extending straight back until the posterior nasopharynx is reached (distance from nostrils to external opening of ear).

Rotate the swab several times while the swab is in contact with the nasopharyngeal wall.

4



Place NP swab into the Universal Transport Medium and break (snap) off at the indicator line on the swab. Replace cap and screw cap on securely.

Label sample and place in biohazard bag.

Freeze specimen and keep frozen.

5

Submit sample on one requisition, with test code 139900 — COVID-19.

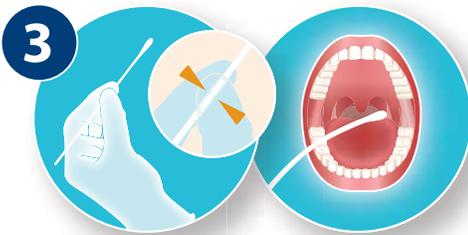
To avoid delays in turnaround time when requesting multiple tests on frozen samples, please submit separate frozen specimens for each test requested.

# Oropharyngeal (OP) specimen collection for COVID-19 testing

- 1 Assemble the supplies needed. For sample collection, have Universal Transport Medium (UTM) with included swabs, specimen label and biohazard bag available.

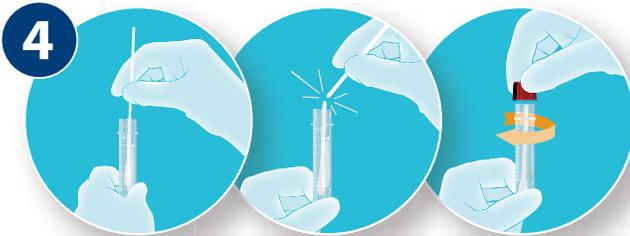


2 Open the UTM package and remove one swab, taking care not to touch the tip to any surface or lay it down.



3 Hold the swab with fingers placed on the scoreline.

Gently insert swab into back of the throat and tonsillar area. Rub the swab over both tonsillar pillars and the posterior oropharynx and avoid touching the tongue, teeth, and gums.



4 Place swab into the UTM and break (snap) off at the indicator line on the swab. Replace cap and screw cap on securely.

Label sample and place in biohazard bag.

Freeze specimen and keep frozen.

- 5 Submit sample on one requisition, with test code 139900 — COVID-19.

To avoid delays in turnaround time when requesting multiple tests on frozen samples, please submit separate frozen specimens for each test requested.

OP Storage/Shipping requirements.

Samples/specimens should be shipped frozen due to limited stability at 2°-8°C. Refrigerated swabs submitted within 72 hours will be accepted.



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