



Cardiovascular Disease & The Evexia Cardiovascular Panels

Cardiovascular disease continues to be a leading cause of death in the United States. In fact, one out of every three deaths in the US are caused by cardiovascular disease.



Some of the important indicators of risk include assessment of the individual's personal and family history; physical exam findings; and, of course, laboratory biomarkers.

From a cardiovascular health and wellness perspective, candidates for cardiovascular laboratory testing include those with:

- Diabetes
- High blood pressure
- Poor diet
- Smokers
- The overweight and obese
- Physical inactivity
- Advancing age
- Individuals with a family history of cardiovascular disease.

Learn more about the Evexia Cardiovascular Panels by [clicking here](#).

To learn more about Evexia Diagnostics scan the QR Code.



SCAN ME

THE PRE-BUILT EVEKIA CARDIOVASCULAR PANELS

The Basic, Complete, Comprehensive and the Premier Panels offer an array of cardiovascular biomarkers from baseline biomarkers to the most advanced cardiovascular disease risk biomarkers.

Dr. Sodano's Featured Biomarkers:

LIPOPROTEIN (A)

Increased levels of Lipoprotein (a) can promote blood clotting by interfering with the fibrinolytic pathway.

THE LOW-DENSITY LIPOPROTEIN (LDL) PARTICLE NUMBER AND SIZE

The Low-density lipoprotein particle number can provide a more accurate assessment of cardiovascular risk than LDL-C alone. Essentially, the greater number of particles, the more cholesterol deposition in the arterial wall.

The smaller the LDL particles are easily oxidized which make them highly atherogenic.

LIPOPROTEIN-ASSOCIATED PHOSPHOLIPASE A2

An enzyme that plays a role in the inflammation of blood vessels and is thought to promote atherosclerosis. Recent studies have shown that this analyte is an independent risk biomarker for cardiovascular disease (CVD), including Coronary heart disease and ischemic stroke.

FIBRINOGEN

A principle clotting protein, but it's also important to know that it plays a key role in arterial occlusion. Fibrinogen is involved with blood vessel endothelial injury and blood viscosity, meaning its increase thickens the blood, which can cause damage to arterial wall. And what's interesting is that increased fibrinogen levels can lead to the growth of arterial plaque formations, even without blood clot formation.



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Recommendations related to cardiovascular support.

- Cardio Plus
- Homocysteine Plus
- Phytosterol Plus
- HTPro Complex
- H2O Balance
- Niacin ControlMax
- Niacin Plus
- Opti-Nox
- Pro-T Vessel
- Nattokinase Max
- Essential CoQ100
- D-robose
- Inflamatrol
- Vessel Plus
- Curcumin Essentials

Learn more at
Evexianutraceuticals.com



Lifestyle recommendations to support cardiovascular health:

Cardio Plus

CardioPlus offers organic red yeast rice extract (*Monascus purpurea*), naturally extracted tocotrienols, and the antioxidant, lycopene, to protect blood vessels, support healthy cholesterol production, and maintain optimal cardiovascular health.

Niacin Plus

Niacin, also known as vitamin B3 or nicotinic acid, is essential in many metabolic pathways in the body including supporting healthy lipid levels and assisting with normal vasodilation. Niacin Plus offers 500 mg of nicotinic acid in a unique delivery system designed to provide a slow (6-8 hour) continuous release of niacin in a very uniform manner. Niacin ControlMax offers 750 mg of nicotinic acid.

Vessel Plus

The ingredients found in VesselPlus support blood vessel strength and elasticity, vein valve integrity, help maintain integrity of capillaries, helps preserve normal blood viscosity and clotting ability and provides antioxidant support.

DIETARY:

Mediterranean or Modified Mediterranean diet

PROBIOTIC SUPPORT:

Accumulating evidence shows probiotics to lower low-density lipoproteins (LDL)-cholesterol and improve the LDL/high density lipoproteins (HDL) ratio, as well as lower blood pressure, inflammatory mediators, blood glucose levels and body mass index.

REGULAR EXERCISE:

Exercise prevents both the onset and development of cardiovascular disease and is an important therapeutic tool to improve outcomes for patients with cardiovascular disease. Some benefits of exercise include enhanced mitochondrial function, restoration and improvement of vasculature, and the release of myokines from skeletal muscle that preserve or augment cardiovascular function.

STRESS REDUCTION:

Stress has been implicated as a significant risk factor in both the acceleration of atherosclerosis and a trigger for acute CVD event.

Learn more about the Evexia Cardiovascular Panels by [clicking here](#).

Learn more about the Evexia Nutraceuticals by [clicking here](#).

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