

Thyroid Function & The Evexia Thyroid Panels



The American Thyroid Association estimates that about 20 million Americans have thyroid disease, and about 60% of those are unaware of their condition, which means that many individuals with thyroid disorders may remain undiagnosed.



There are many contributing factors leading to thyroid dysfunction:

- Nutrient Deficiencies
- Hormone Imbalance
- Gastrointestinal Dysfunction
- Environmental Toxins

Learn more about the Evexia Thyroid Panels by <u>clicking here</u>.

To learn more about Evexia Diagnostics scan the QR Code.



SCAN ME

THE PRE-BUILT EVEXIA THYROID PANELS

The Evexia Thyroid Panels provide a clear picture of thyroid function, as well as an assessment of overall health by including the comprehensive metabolic panel, the complete blood count, the lipid panel, hemoglobin A1c, magnesium level, and many other important analytes.

Dr. Sodano's Featured Biomarkers:

Each Evexia thyroid panel includes:

- Thyroid peroxidase and thyroglobulin antibodies
- Thyroid stimulating hormone
- Total and free T3 and T4
- Vitamin D. Low vitamin D levels are associated with autoimmune hypothyroidism.

The Evexia Comprehensive and Premier Panels also includes:

THYROID-BINDING GLOBULIN OR THYROXINE-BINDING GLOBULIN

Thyroid-binding globulin or Thyroxine-binding globulin is one of three major transport proteins, which are primarily responsible for binding to and transporting thyroid hormones to the tissues. The primary function of TBG is to help maintain the constant pool of thyroid hormone in the serum and prevent thyroid hormone fluctuations. It's important to know that TBG is increased by estrogens, tamoxifen, pregnancy and liver dysfunction.

THYROTROPIN-RECEPTOR ANTIBODY

Thyrotropin-receptor antibody is an autoantibody to the thyroid cell receptor for thyroid-stimulating hormone. This antibody is present in 90% of patients with Graves' disease and is the cause of the hyperthyroid nature of that condition. Detection of these antibodies is useful in prediction of neonatal hyperthyroidism and prediction of relapse of hyperthyroidism.



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page 2



Recommendations related to thyroid support.

Thyroid Plus



Lifestyle recommendations to support thyroid health:

DIETARY:

Consume an anti-inflammatory and low antigenic diet.

NUTRITION **SUPPORT:**

Support the adrenal and thyroid glands with proper nutrition. Avoid excess sugar and refined carbohydrates, and focus on a whole foods diet full



of anti-inflammatory foods like fresh vegetables, berries, fish, and spices like turmeric and ginger.

REGULAR EXERCISE:

Physical activity is one of the key modifiable risk factors for thyroid disease. Moderate exercise stimulates thyroid hormone secretion and increases the body's sensitivity to thyroid hormone.

lodine Max

lodine Plus

lodine Max provides a synergistic blend of iodine, along with its trace mineral partner selenium, to help maintain iodine levels and reduce oxidative stress for optimal thyroid and breast health. Iodine Max provides 3 mg of iodine combined with 100 mcg of selenium

Thyroid Plus helps maintain healthy cortisol levels, blood

glucose and insulin levels, along with a balanced conversion of peripheral thyroid hormone. Thyroid Plus is an all-in-one

formula for the nutritional support of thyroid function. Essential

vitamins, minerals, and other nutrients work synergistically to

provide a premium thyroid product in just two capsules a day.

lodine Plus contains potassium iodide for supporting normal thyroid function, including balanced production of thyroid

hormones and the health of breast and prostate tissue.

40 micrograms of selenium, and 750 mg of nicotinic acid.

Each capsule contains 10,000 micrograms of iodine,



STRESS REDUCTION:

Stress is a risk factor for many health conditions, including thyroid conditions. Stress hormones can interfere with thyroid hormone production.

Learn more at Evexianutraceuticals.com

Learn more about the Evexia Thyroid Panels by clicking here. Learn more about the Evexia Nutraceuticals by clicking here. To learn more about Evexia Diagnostics scan the QR Code.

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